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*Club Bulletin*

**Editor : Rajvi Bharad**

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# ***GREATER***

**YEAR 2022/2023**

# **TIMES**

**WEEKLY NEWS LETTER OF ROTARY CLUB OF RAJKOT GREATER**

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*Secretary*

**Rtn Apoorva Modi**

*RI President*

**Jennifer Jones**

*District governor*

**Rtn Shrikant Indani**

**RI. District : 3060 | Year : 2022 – 2023**

**Club Number : 24912**

**Chartered : August 26, 1987**

**36**  
YEARS IN SERVICE  
TO HUMANITY

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Club Communications  
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Seargent At Arms  
**Rtn. Anup Joshi**  
+91 9099039991

**CIRCULAR 16**



Programme : Closed Business Meeting  
Date : 1<sup>st</sup> December, Thursday  
Time : 08.00 pm Onwards  
Menu : Dinner  
Venue : D. P. Doshi Rotary Greater Auditorium  
Invitee : Rotarians, Anns and Annets



13<sup>th</sup> Dec : અમે લઇ ગયા તમે રહી ગયા Drama  
17<sup>th</sup> Dec : Winter Fellowship Meet  
29<sup>th</sup> Dec : Double Dhamaka - Potluck and Karaoke



2<sup>nd</sup> Dec : Ann. Darshna Jashmin Dattani 9824013137  
2<sup>nd</sup> Dec : Ann. Tasneem Bakir Gandhi 9879162628  
3<sup>rd</sup> Dec : Rtn. Dr.Darshit Mapara 9408678714  
3<sup>rd</sup> Dec : Rtn. Dr.Sanjiv Nandani 9825314831  
5<sup>th</sup> Dec : Ann. Dr. Gopi Jigar Patel 9409181711  
5<sup>th</sup> Dec : Rtn. Nevil Vaishnav 9825179938  
5<sup>th</sup> Dec : Rtn. Prashant Parsana 9824299499  
5<sup>th</sup> Dec : Ann. Dr.Deepa Amit Raja 9879150066  
7<sup>th</sup> Dec : Rtn. Rajesh Parekh 9824352047  
7<sup>th</sup> Dec : Ann. Dr. Niyati Bhalani 9099931891



2<sup>nd</sup> Dec : Rtn. Kalpesh Bagdai and Ann. Riddhi Bagdai  
Rtn: 7878785078 Ann: 9033633221  
2<sup>nd</sup> Dec : Rtn. Pratik Doshi and Ann. Radhika Doshi  
Rtn: 9687600007 Ann: 8320071191  
3<sup>rd</sup> Dec : Rtn. Ashwin Unadkat and Ann. Neeta Unadkat  
Rtn: 9824212721 Ann: 9979910909  
3<sup>rd</sup> Dec : Rtn. Param Punatar and Ann. Rachna Punatar  
Rtn: 7600034078 Ann: 9978634078  
4<sup>th</sup> Dec : Rtn. Bharat Hapani and Ann. Sonal Hapani  
Rtn: 9825078998 Ann: 9909964424

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4 <sup>th</sup> Dec	: Rtn. Bhavesh Vegada and Ann. Falguni Vegada Rtn: 9824234233 Ann: 9824234211
4 <sup>th</sup> Dec	: Rtn. Chandresh Tratiya and Ann. Mayuri Tratiya Rtn: 9227612384 Ann: 6353738273
5 <sup>th</sup> Dec	: Rtn. Amit Mehta and Ann. Swati Mehta Rtn: 9825076392 Ann: 9638898692
5 <sup>th</sup> Dec	: Rtn. Hrishit Amlani and Ann. Nivetha Amlani Rtn: 9913342364 Ann: 9998685673
7 <sup>th</sup> Dec	: Rtn. Mihir Nagrecha and Ann. Roopa Nagrecha Rtn: 9824490990 Ann: 9924203690
7 <sup>th</sup> Dec	: Rtn. Sunil Ambasana and Ann. Shital Ambasana Rtn: 9825216305 Ann: 9687605180
8 <sup>th</sup> Dec	: Rtn. Aashish Joshi and Ann. Hetal Joshi Rtn: 9426900500 Ann: 9909400050
8 <sup>th</sup> Dec	: Rtn. Bhavesh Mehta and Ann. Parul Mehta Rtn: 9974040257 Ann: 8320150929
8 <sup>th</sup> Dec	: Rtn. Ravi Ganatra and Ann. Ishita Ganatra Rtn: 9825553058 Ann: 9427354643
8 <sup>th</sup> Dec	: Rtn. Vijesh Jadvani and Ann. Pinkal Jadvani Rtn: 9904225859 Ann: 9723890869
9 <sup>th</sup> Dec	: Rtn. Rajesh Somaiya and Ann. Krishna Somaiya Rtn: 9898008095 Ann: 9428349293
10 <sup>th</sup> Dec	: Rtn. Dr. Nidhi Jhala and Dr. Bandish Jhala Rtn: 9429550396 Ann: 9429826695

## PROJECT *Reviews*

### Racecourse Cleanliness Drive

On the last two **Saturdays** of **November 2022, 19<sup>th</sup> and 26<sup>th</sup>**, **RCRG** raised **awareness** amongst city folks about **Clean Rajkot! Green Rajkot!** under **Swacch Bharat Abhiyan**. On the **busiest days of the week** RCRG conducted a **Cleanliness Drive at Racecourse Road**, the heart of Rajkot City. As part of the **noble objective** to make **Rajkot a Cleaner and Greener City**, members of **Rotaract Club of Rajkot Greater, RCC** and all the **5 Interact Clubs of Rajkot** also joined hands with members of **RCRG**. The members gathered at

Member Scrutiny/Devt Chair  
**PP Rtn. Dr. Ketan Bavishi**  
**PP Rtn. Darshan Lakhani**

Global Grant Chair  
**Rtn. Manish Patel**

Fundraising Chair  
**PP Rtn. Amit Raja**

The Rotary Foundation Chair  
**PP Rtn. Sarju Patel**

Literacy Chair  
**PP Rtn. Ashwin Lodhiya**

Club Trainer Chair  
**PP Rtn. Dr. Yogesh Mehta**

Women/Child Development Chair  
**Ann. Dr. Ami Mehta**  
**Rtn. Ishita Chhotai**  
**Ann. Nivetha Amlani**  
**Rtn. Vishma Panchasra**

Health/Medical Chair  
**Rtn. Dr. Rupesh Mehta**  
**Rtn. Dr. Nidhi Jhala**  
**Rtn. Dr. Jigar Patel**

Public Image Chair  
**Rtn. Jaydev Shah**

Bhavan Chair  
**Rtn. Dhruv Kakkad**

Interact Club Chair  
**Rtn. Killoi Karia**

Skin Bank Chair  
**PP Rtn. Yash Rathod**  
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8:45 pm at Racecourse, and till 11 pm they raised slogans and motivated others by giving them tips to keep our Rangilu Rajkot Clean and Green. An army of 150 volunteers dressed in Blue Jeans and White T-shirt made sure no one present at Racecourse their missed their efforts. It is a proud moment for everyone involved to have reached **hundreds of people** in the given 2 days.

## Healthy Mother Healthy Child

This Project has been running successfully from the **last 15 years** wherein **numerous sessions** have been conducted under the guidance of our very own **Ann. Dr. Ameet Yogesh Mehta**. This Project took a backstage during Covid-19 but has now resumed with the same momentum.

**Date:** 26<sup>th</sup> November, Saturday

**Time:** 3:00 pm to 5:00 pm

**Venue:** D. P. Doshi Rotary Greater Auditorium

**Beneficiaries:** 150+ including expecting mothers and their families

**Speakers:** **Ann. Dr. Ameet Mehta**, practicing **Gynecologist** at **Aastha Surgical and Maternity Hospital**

**Dr. Hetal Modi**, practicing **Gynecologist** at **Shivalik Hospital**

**Dr. Manisha Moteria**, practicing **Gynecologist** at **Krishna Hospital**

**Dr. Mulrajsingh Zala**, practicing **Physiotherapist** and **Fitness Coach** at **MZ Fitness**

**MOC:** Ann. Monika Mehta

**Attendees from Club:** Ann. Shilpa Bhojani

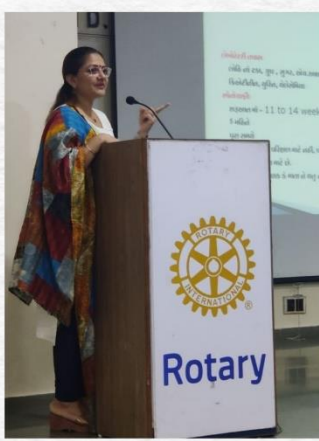


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The session was very **interesting** and covered various **informative** topics like **dos and don'ts of pregnancy**, **stages of baby development**, **exercise and diet**, **myths revolving around pregnancy**, **labour process** and **post-natal care**. It provided a **Complete Pregnancy Guideline** for expecting mothers and their families.

## Rotary E-Rickshaw

Under the **RCRG E-Rickshaw Project**, on **Tuesday, 29<sup>th</sup> November** keys of an Electric Rickshaw was handed over to a delighted and deserving

**Beneficiary: Nishaben Gohil**

**In the presence of:** Club President Rtn. Kunal Ashok Mehta, Hon. Secretary Rtn. Apoorva Modi, Project Chair Ann. Sheetal Patel and Ann. Purvi Lakhani, Rtn. Sarju Patel, Rtn. Binesh Patel, Rtn. Darshan Lakhani, Rtn. Bhavin Bhalodia and Team of Board Members Rtn. Paresh Kalavadia, Rtn. Nilesh Bhojani, Rtn. Jaydeep Vadher, Rtn. Anup Joshi

We wish that the donation of this vehicle will be the beneficiary's path out of poverty.



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# Project Pankh

Informative sessions of **Project Pankh** were conducted on:

- Date:** 21st November, Monday  
**Time:** 11:00 am to 12:00 pm  
**Venue:** Genius English Medium School  
**Beneficiaries:** 180+ girls  
**Speaker:** Ann. Falguni Vegda & Ann. Monika Mehta  
**MOC:** Ann. Vidhi Nathwani
- Date:** 23rd November, Wednesday  
**Time:** 9:00 am to 10:00 am  
**Venue:** Shree Murlidhar Vidyalaya  
**Beneficiaries:** 70+  
**Speaker:** Ann. Nivetha Amlani  
**MOC:** Ann Priti Amlani
- Date:** 25th November, Friday  
**Time:** 10:45 am to 11:45 am  
**Venue:** Shree Chanakya Madhyamik Shala (Rosary School)  
**Beneficiaries:** 150+  
**Speaker:** Ann. Falguni Vegda, Ann. Monika Mehta & Rtn. Ashini Modi  
**MOC:** Ann. Pankita Shah
- Date:** 29th November, Tuesday  
**Time:** 12:15 pm to 01:00 pm  
**Venue:** Nachiketa School  
**Beneficiaries:** 100+  
**Speaker:** Rtn. Ashini Modi & Ann. Monika Mehta  
**MOC:** Ann. Monika Mehta



The seminar delivered **crisp yet clear information** about **Menstrual Hygiene Management, Good Touch Bad Touch** and **Cancer Awareness**. To help the girls become **physically and mentally fit**, **tips and tricks regarding Balanced and Healthy Diet** and **Yoga Asanas** were also given. Members from our dedicated MHM team, **Rtn. Dipti Kotecha, Ann. Sonal Shah** and **Ann. Shilpa Bhojani** were also present to prove the tagline of Project Pankh, **Hum Sab Saath! Taboo ke Khilaaf!**



**RTN. RAVI CHHOTAI**  
Joint Secretary

**ONE MONTH  
ONE BOARD MEMBER**

# One Project

## Special Mega Health Camp

RCRG will organize **Special Mega Health Camps** in the month of **December** as the **Project of the Month**. The Rotarians along with a **galaxy of Doctors** like **Dentists, Physicians, Eye Surgeons, Heart Specialist** who are already committed to **various Permanent Project** of RCRG like **B.T. Savani Kidney Hospital, Panchnath Hospital, Sanjivani Center** will go to **under privilege areas** and **serve the**



**medical needs** of patients. These areas would include places like **nearby villages and factories**. This will be **one of a kind project** in the history of RCRG under the leadership of **President Rtn. Kunal Mehta and team**. We raise the call for all the members to participate in any capacity.

## IN CONVERSATION WITH RTN. RAVI CHHOTAI

- 1 Spouse Name :** Rtn. Ishita Chhotai      **Children's Names :** Annet Venika and Daivik Chhotai
- 2 What is your current Profession and what is the name of your Company?**  
I am into Retail - Watches. My company's name is Radhika.
- 3 What are 3 interesting (not widely known) facts about you?**  
(a) I love being in my own space. (b) I like company of all ages. (c) I like peace and harmony.
- 4 What gives your life meaning?**  
Serving people and smile on faces of people around me gives meaning to my life.
- 5 Out of the positive emotions of compassion, positivity, enthusiasm, and initiative, which one is your biggest strength?**  
Compassion I feel is my biggest strength.
- 6 What is the one skill that you wish to master in the coming years?**  
Man-handling skills and leadership skills is what I wish to master.
- 7 What is a piece of advice that you would like to give to the younger generation?**  
Patience is a key to everything. Best results are achieved through it.
- 8 What could you give a 60-minute talk on with zero notice?**  
Talking itself is something I like and then I don't see the time.
- 9 What big or small lifestyle change have you been meaning to make this year?**  
Accepting things with a broad smile coming my way.
- 10 What is the one thing that you always want to be remembered for?**  
Doing something memorable for the society.
- 11 Which previous RCRG project is close to your heart and why?**  
There are many but mainly Skin bank, E-riskshaw, Happy School. Main reasons are it benefitted society at large.
- 12 Who is your biggest influence in RCRG and why?**  
Every individual around me influences me. There is a learning and experiences in every corner.
- 13 If you could make one Rule in Rotary that everyone must follow, what would it be?**  
Stay happy and allow others to be happy.
- 14 What is the one thing that you wish to achieve for RCRG this year?**  
Staying consistent and committed.



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- It is a matter of great pride that 3 members of **RCRG** participated in the **Adani Ahmedabad Marathon 2022** on **27<sup>th</sup> November 2022**. We heartily congratulate them for completing the Marathon.
  - **Rtn. Ravi Ganatra** completed the **Full Marathon** in **05:27:13**
  - **Rtn. Ashok Suralia** completed the **Half Marathon** in **04:33:37**
  - **Rtn. Dipen Patel** completed the **Half Marathon** in **01:48:30**
- **Rtn. Jaydev Shah** and **Ann. Bindu Shah** are happy to announce that their daughter **Dr. Niyati Shah** has decided to share her life and love with **Mr. Raj Mithiya**, son of **Mr. and Mrs. Mithiya** on **20<sup>th</sup> November 2022**.



## SOUL Talk

### World AIDS Day



#### DR. BANDISH JHALA

- On the run up to December you might notice people wearing a red ribbon. This is because World AIDS Day occurs on 1st December and the red ribbon is a symbol of awareness, compassion and solidarity with people living with HIV.
- In 1991, the red ribbon was designed by a group of artists to 'create a visual expression of compassion for people living with HIV as being HIV positive is heavily stigmatised.'
- The red ribbon is important because HIV positive people still face various barriers when trying to access effective treatment. The marginalisation and stigmatisation can result in delays in people being tested – and the earlier someone receives a diagnosis, the more effective their treatment will be.
- The persistent stigmatisation is also because of the myths surrounding HIV. A lot of people think HIV can be spread via kissing. It is also not widely known that people living with HIV can have a long and healthy life and can't pass the virus on when receiving effective treatment.
- This World AIDS Day let us rock the red ribbon in solidarity with those living with HIV and to challenge the misconceptions, setting the record straight and changing the narrative around HIV.



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